



"Smoothies" Mini-Muffins

Your Recipe



Course: **snacks**

PointsPlus™ Value: **1**

Servings: **3**

Preparation Time: **0 min**

Cooking Time: **22 min**

Level of Difficulty: **Easy**

Mini muffins made with a packet of
Vanilla or Chocolate WW Smoothies

Ingredients

- 1 packet(s) Weight Watchers Smoothie Drink Mix French vanilla smoothie, prepared (prepared)
- 1/2 tsp baking powder
- 1 item(s) egg white(s)
- 1 tsp semi-sweet chocolate chips

Instructions

* pinch of salt was also in the ingredients.

** a packet of Weight Watchers Creamy Chocolate Smoothies can be used as well

Mix it all together.

*** add a little water to make it the consistency of cake batter

Spray 8 mini muffin liners

Fill each one 1/4 - 1/2 up

Bake at 350 for 22 minutes ... and there you have it!

all eight muffins has a PointsPlus value of 3

or 3 muffins approx value of 1

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